

Heart of Violence

Why People Harm Each Other

PAUL VALENT

Violence is the plague of our civilization. It threatens us daily through its many tentacles: domestic violence, criminal violence, sexual abuse, terrorism, state violence, revolution, war, and genocide.

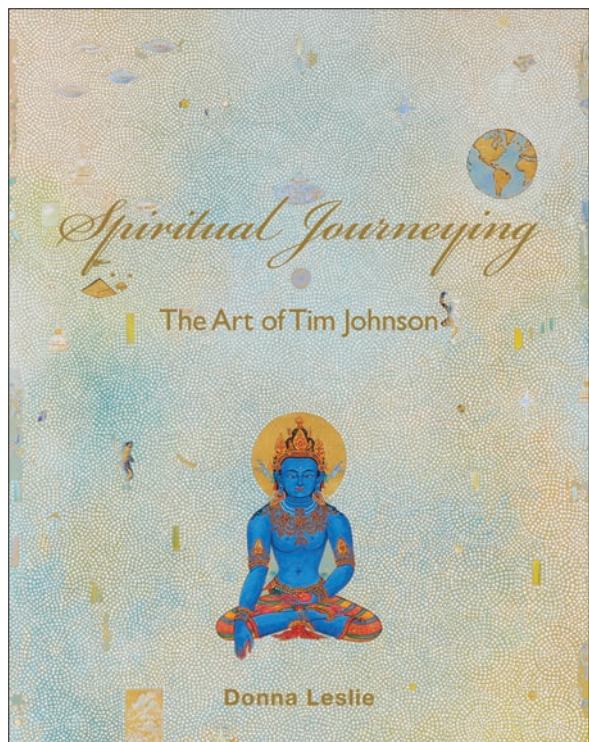
The recently evolved discipline of traumatology has amply described commonalities in the consequences of violence. But there was no corresponding discipline of violentology, which explained why violence occurred in the first place. Inexorably, Valent was drawn to take the leap from healing the minds of victims to try to understand the minds of perpetrators.

Valent unpicks the minds of perpetrators in each field of violence. He develops a lens by which to understand violence from individual to international, and from primitive to spiritual dimensions. We come to understand how aggressions that helped our species.

Our understanding of violence is enriched by Valent's insightful storytelling. One story interweaving throughout is Valent's own story. From a child who survived the Holocaust, he ferrets out the minds of his perpetrators in his quest to prevent future violence.

Violence, for Valent, is not an isolated feature of the human condition. Surprisingly close to violence are struggles for love. Readers also learn about that aspect of humanity.

FORMAT **Paperback** ISBN **978-1-925984-05-7** RELEASED **6 February** PRICE **\$44**



Spiritual Journeying

The Art of Tim Johnson

DONNA LESLIE

As a young Australian artist, Tim Johnson sought to look beyond the world he knew and was familiar with into mysteries that naturally come with things foreign. He wanted to explore what it was like to exist beyond the margins of his known world and to reach into alternative spaces that interested him. This book documents his spiritual journeying and creative explorations. In 1980, Johnson's encounter with Aboriginal artists in the deserts of central Australia revolutionised his entire approach to art and life. In 1982, when he learned of the existence of the ancient medieval Buddhist cave temples of Mogao at Dunhuang in Western China, the experience also set his imagination aflame. The caves were an inspirational oasis of spirituality on the Silk Road and another powerful artistic expression in desert country. These two spiritual and artistic traditions inspired the path Johnson was to take over the next four decades. Over time his work expanded to include references to Japanese, Tibetan, Native American and a range of other sources and influences. Today, as a veteran artist, he has created an imagined universe abundantly informed by influences and ideas.



Above
Tim Johnson, *Iggy Pop*, 1979

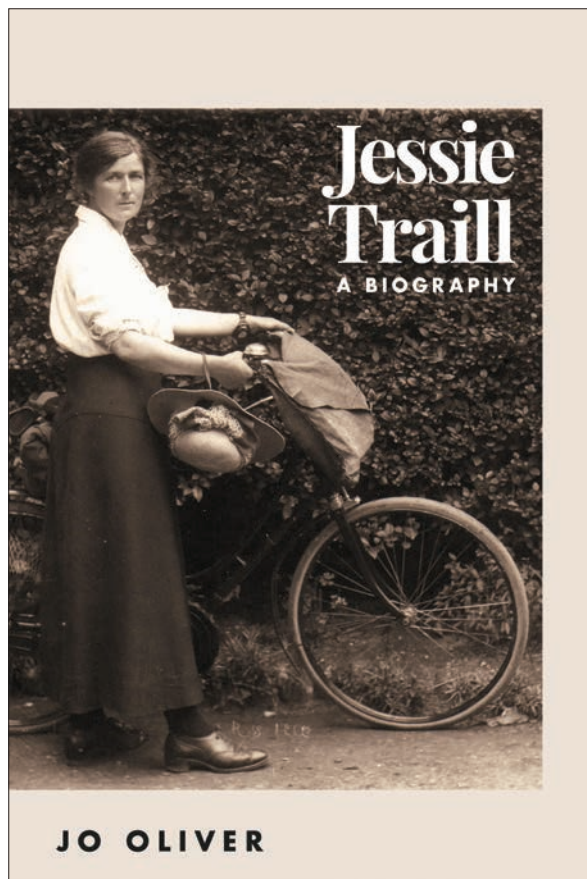
Above Right
Tim Johnson, *Pink Radio Birdman*, 1983



Opposite
Top
Tim Johnson, *CMYK Assembly*, 2002

Bottom
Tim Johnson, *White Buddha*, 1994





Jessie Traill

A Biography

JO OLIVER

Jessie Traill was one of Australia's most outstanding etchers, working in a field uncommon for women of her time. This biography explores her remarkable life – as artist, traveller, humanitarian and independent spirit. From the ten-year-old who first met Tom Roberts painting on the shores of Port Phillip Bay, to a student of Frederick McCubbin and etchers John Mather and Frank Brangwyn, Jessie developed her professional skills. She interrupted her career to work as a voluntary nurse in France during World War I, later raising funds for and revisiting war-torn Europe. Through diary extracts, descriptions of her world travels and personal letters we hear her voice and see through her eyes, beauty, humour and the joys of simple living.



Above

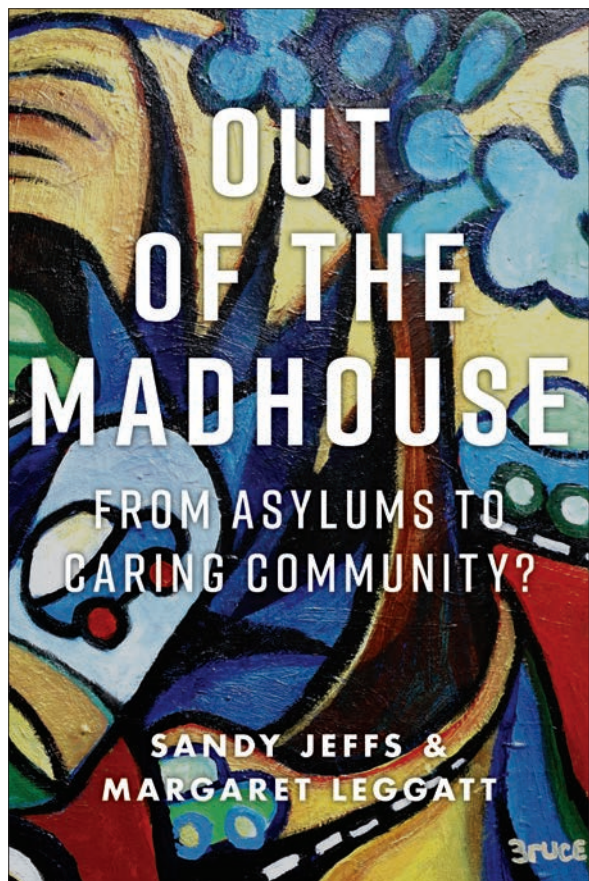
Jessie Traill, *Black Out*, 1940, aquatint and etching

Left

Jessie Traill, *Voices*, etching, 1912

Far Left

Jessie Traill, *The Red Light, Harbour Bridge, June 1931*, aquatint and etching, 1932



Out of the Madhouse

From Asylums to Caring Community?

SANDY JEFFS & MARGARET LEGGATT

Larundel Psychiatric Hospital was 'the madhouse on the edge of town' – until the 1990s, a Melbourne cultural icon shrouded in mystery in the outer suburb of Bundoora.

What was it really like inside this madhouse?

This story takes us into the heart of Larundel through the voices of former inmates and staff, exposing the best and worst aspects of the mental institutions of the times. It shows the shifts in psychiatric treatments, the social forces at play, and changes driving mental health policy. It explores what de-institutionalisation and 'care in the community' actually meant for those suffering mental illness, as well as for those treating, and caring for them.

What did we lose with Larundel's closure in 1999 and the move to acute psychiatric wards in general hospitals? The notion of asylum? Is the more recent notion of 'recovery' a hopeful signpost towards a brave new world for mental health?

The authors are Sandy Jeffs, a former inmate of Larundel, who became an advocate for her 'mad' comrades and is now a poet of distinction; and Margaret Leggatt, sociologist, occupational therapist and activist for the friends and families of mentally ill people.

'A lively and significant contribution to the history of mental health services in Australia, rich in its humanity and perspectives.'

– Jack Heath, SANE Australia

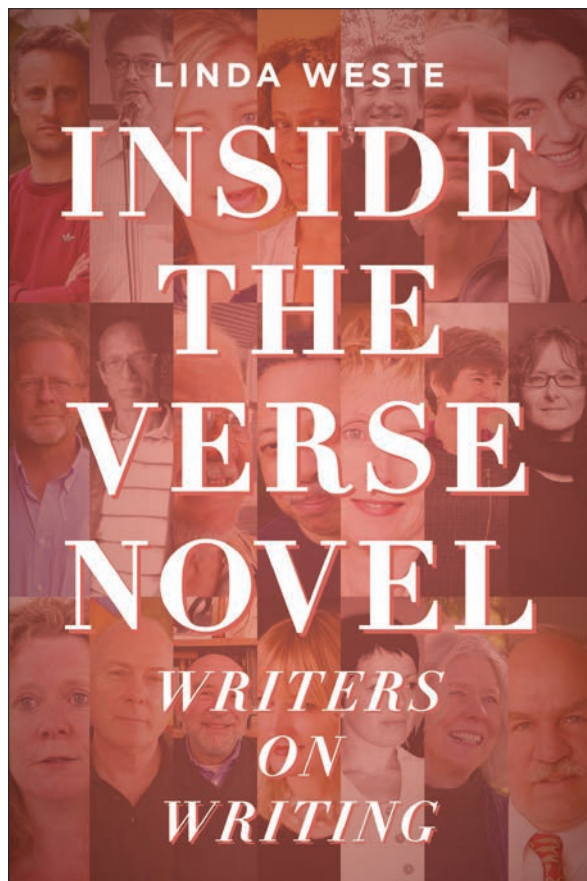


Above
Remnants of the once beautiful gardens

Below

The dayroom of A ward where Sandy often sat – picture taken circa 2014 after vandalism





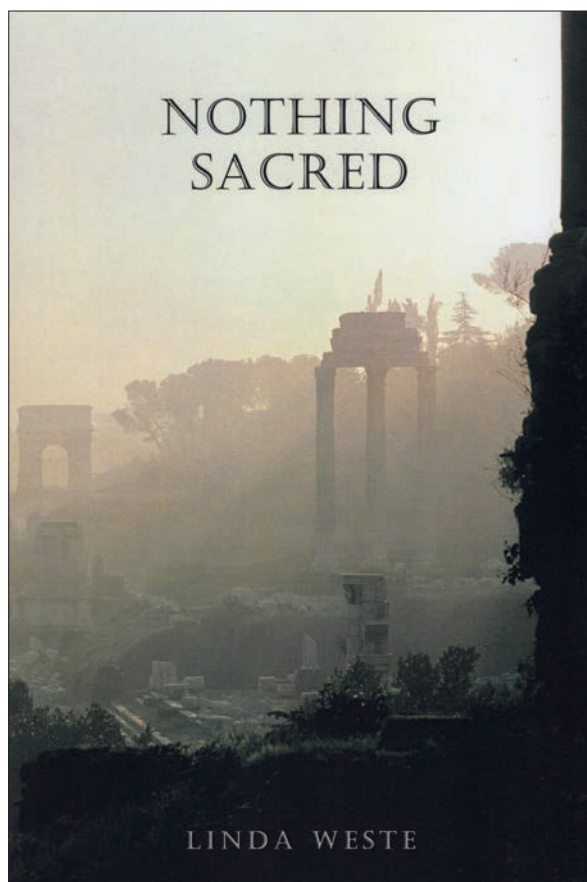
Inside the Verse Novel

Writers on Writing

LINDA WESTE

In these twenty-two interviews with verse novelists from the UK, USA, Australia and Canada, Linda Weste explores the uniqueness of storytelling through poetry and the genre of the verse novel. Her subjects are notable representatives of countries where the genre thrives; among them is Bernardine Evaristo, joint winner of the Booker Prize in 2019; and what they have to say enriches our understanding of the many ways poetry and narratives can meld to create a unique reading experience.

FORMAT **Paperback** ISBN **978-1-925984-25-5** RELEASED **27 February** PRICE **\$39.95**



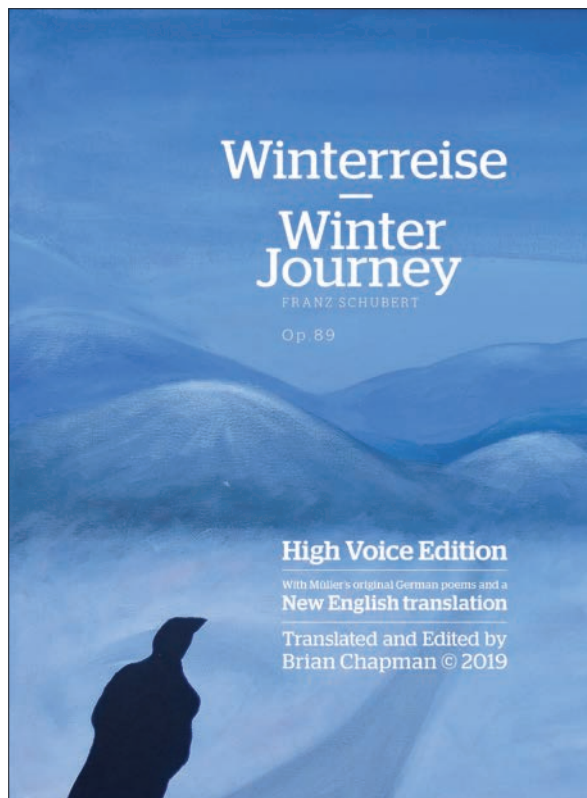
Nothing Sacred

LINDA WESTE

They may have been born privileged into the Claudii Pulchri family, but siblings Clodius Pulchri and Clodia Metelli are firebrands: kindred spirits; brazen, impetuous, headstrong; determined to live by their own rules. Together they incite the wrath of Rome's elite – and in particular, Cicero. But nothing is sacred in late Republican Rome – and rules keep changing when change threatens to rule ...

The vagaries of the period are brought to vibrant life through the eyes and exploits of Clodius and Clodia in this historical novel in verse.

FORMAT **Paperback** ISBN **978-1-925333-22-0** AVAILABLE NOW PRICE **\$24.95**



Winterreise – Winter Journey

Franz Schubert – Op.89

High Voice Edition

With Müller's original German poems
and a New English translation

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CONTENTS

Translator's Note

WINTERREISE / WINTER JOURNEY

Erste Abteilung / First Part

- 1 Gute Nacht / Good Night
- 2 Die Wetterfahne / The Weathervane
- 3 Gefrorene Tränen / Frozen Tears
- 4 Erstarrung / Numbness
- 5 Der Lindenbaum / The Linden Tree
- 6 Wasserflut / Flood Water
 - Original published key of E minor
 - Autograph key of F# minor
- 7 Auf dem Flusse / On the River
- 8 Rückblick / A Look Backward
- 9 Irrlicht / Will o' the Wisp
- 10 Rast / Rest
 - Original published key of C minor
 - Autograph key of D minor
- 11 Frühlingstraum / Dream of Spring
- 12 Einsamkeit / Solitude
 - Original published key of B minor
 - Autograph key of D minor

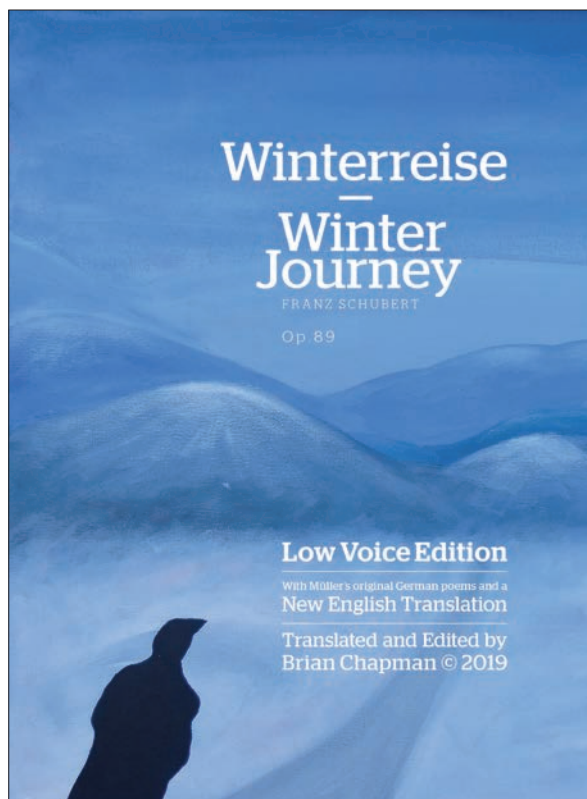
Zweite Abteilung / Second Part

- 13 Die Post / The Post
- 14 Der greise Kopf / The Old Man
- 15 Die Krähe / The Crow
- 16 Letzte Hoffnung / Last Hope
- 17 Im Dorfe / In the Village
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- 19 Täuschung / Illusion
- 20 Der Wegweiser / The Sign Post
- 21 Das Wirthaus / The Inn
- 22 Mut! / Courage!
 - Original published key of G minor
 - Autograph key of A minor
- 23 Die Nebensonnen / The False Suns
- 24 Der Leiermann / The Hurdy-Gurdy Man
 - Original published key of A minor
 - Autograph key of B minor

APPENDIX

A *Winterreise* Hypothetical: addressing the questions to the Hurdy-Gurdy Man

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